

Welcome Home

Faubourg du Mascaret
Moncton, New Brunswick



FAUBOURG^{MD}
du Mascaret

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Visit retraitefaubourg.com or call 506-384-7275 to learn more.

Our Story

For more than 30 years, Shannex has been a trusted provider of senior accommodations, services and care in Atlantic Canada. What started as a single location in Cape Breton has grown to include more than 45 communities across Nova Scotia, New Brunswick and Ontario. To this day, we remain a family-owned company committed to providing exceptional service at every turn.

Each day, our team members are inspired by residents' continued independence and quality of life. At Faubourg, you can do more of what you love in a place you'll be proud to call home.



Service Excellence

From our front desk concierge to our in-house culinary team, wellness coaches, hospitality and licensed healthcare professionals, the entire team at Faubourg is dedicated to Leading the Way to Better Living for those who live, work and visit our community. Attentive, experienced and compassionate team members get to know residents as individuals, understanding their interests and preferences, favourite pastimes, health considerations and future goals. As a result, our team delivers a resident experience that exceeds expectations and offers peace of mind. Read more about our *Philosophy of Service* at www.retraitefaubourg.com/philosophy-of-service/

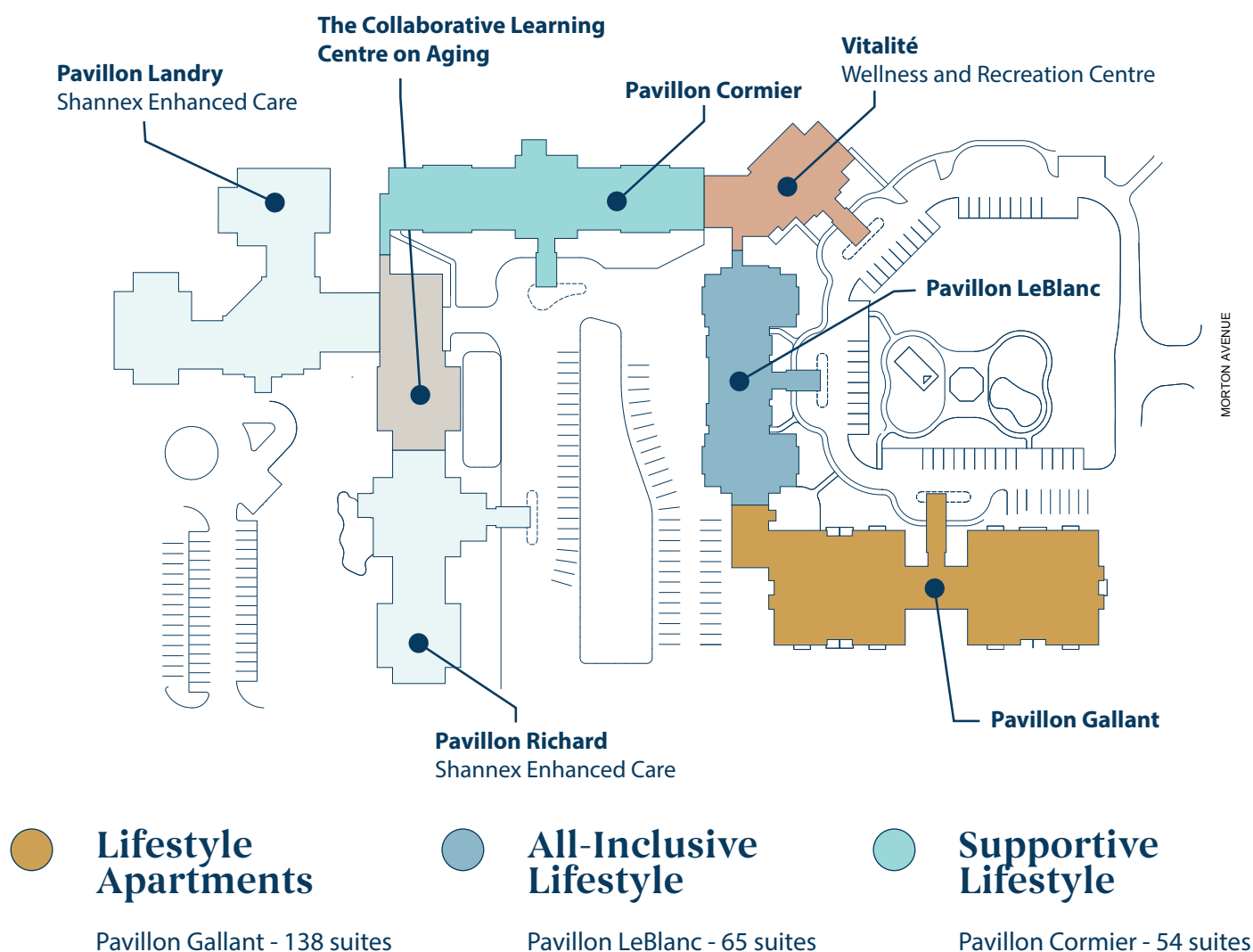


Your Community

Situated on the grounds of the Université du Moncton, Faubourg du Mascaret is centrally located and known for its beautiful design and manicured grounds enjoyed by residents and visitors alike. Close to shops, walking trails and cafés, Faubourg offers a continuum of lifestyle options, providing older adults the peace of mind knowing they can access increasing levels of services and support over time. With premium accommodations, unparalleled amenities and exceptional service, Faubourg invites every resident to live their best life.

The Faubourg du Mascaret campus is also home to two licensed Shannex Enhanced Care nursing home communities (Pavillon Richard and Pavillon Landry), Shannex's New Brunswick Regional Office, as well as the Collaborative Learning Centre on Aging (CLCA).

The CLCA is a partnership between the Université de Moncton and Faubourg du Mascaret, helping stakeholders to better understand the factors that contribute to improving the quality of life for seniors through training and research activities at Faubourg. By raising awareness regarding aging, long term care culture as well as care and services for seniors and their families, the CLCA is also developing strategic partnerships with other Francophone stakeholders in New Brunswick.



Life at Faubourg

At Faubourg, residents live life to the fullest and can often be found creating art, playing a round of golf or shopping in the nearby community. Residents also enjoy the many on-site amenities including an on-site salon and spa, fitness centre, landscaped grounds, live music, daily social programming and more. Whether relaxing in the comfort of your beautifully designed private suite or in one of our modern lounges, Faubourg is a place where family is always welcome and where neighbours become friends.

Our full continuum of lifestyle options is designed so that residents can access increasing levels of services and support as their needs or preferences change over time. Whether you're preparing a meal in your full kitchen or enjoying our restaurant-style dining menu, Faubourg is where you can *live life your way*.



Lifestyle Apartments

Pavillon Gallant

Lifestyle Apartments are private, spacious and beautifully designed for independent, active seniors looking to enjoy a carefree lifestyle with access to amenities and the option to add services such as housekeeping and more.



All-Inclusive Lifestyle

Pavillon LeBlanc

Designed for seniors who enjoy the benefits of a carefree lifestyle. Residents enjoy meals, housekeeping and linen service, access to daily wellness programming, and the option for a-la-carte services as needed.



Supportive Lifestyle

Pavillon Cormier

Uniquely designed so residents can access increasing levels of support as their needs and preferences change over time. Includes meals, housekeeping, laundry, assistance with activities of daily living, accessible design and wellness programming, and the option to add flexible packages for medication management and care.

**Retirement living at Faubourg
costs less than you think**

Compare your costs at
retraitefaubourg.com/cost-calculator



What's Included?

	Lifestyle Apartments	All-Inclusive Lifestyle	Supportive Lifestyle
Beautiful private suite	✓	✓	✓
All utilities: heat, hot water, electricity/hydro	✓	✓	✓
All communications services: basic cable, local phone, WiFi	✓	✓	✓
Full access to campus amenities	✓	✓	✓
Social events calendar	✓	✓	✓
Harmony Wellness program	✓	✓	✓
24/7 emergency response with pendant included	à-la-carte	✓	✓
2-3 meals per day	à-la-carte	2	3
Weekly housekeeping including towel and linen service	à-la-carte	✓	✓
Transportation service	à-la-carte	✓	✓
Concierge service	à-la-carte	✓	✓
Outdoor designated parking	à-la-carte	✓	✓
Personal laundry	à-la-carte	à-la-carte	✓
Balconies	✓	✗	✗
Underground parking	à-la-carte	✗	✗
Support with activities of daily living	✗	à-la-carte	à-la-carte
Medication administration	✗	à-la-carte with packages	à-la-carte
Secure building with team members on site 24/7	✗	✗	✗

Please note, additional service packages are available with All-Inclusive Lifestyle including three meals per day, personal laundry service, and the option to add medication administration and support with activities of daily living.

Exclusive Services and Amenities



Building Services

- Chef-prepared meals
- Housekeeping services
- 24/7 emergency response with professional team members on-site 24-hours per day
- Chauffeur service
- Concierge service
- Outdoor parking
- Underground parking and storage (\$)
- Wi-Fi high speed internet



Building Amenities

- Restaurant with private dining room
- On-site medical clinic and salon
- Fitness centre
- Entertainment lounge with bowling alley and pool table
- Movie theatre
- Great Hall for large events



Outdoor Amenities

- Balconies in Lifestyle Apartments
- Flower gardens, gazebo and beautifully landscaped ground with walking paths

Safety & Security

- Secure building with 24-hour staffing
- State-of-the-art fire alarm and sprinkler system with-in suite smoke detectors
- Generator for full backup emergency power
- Smoke-free environment



Your Dining Experience

Dining at Faubourg is always a social occasion. Whether sharing a table with neighbours, friends or visiting family, residents enjoy a restaurant-style dining environment that consistently delivers on taste, service and atmosphere. Each week, our certified culinary team designs a seasonally themed menu inspired by residents and the surrounding community, using local products whenever possible to deliver a variety of quality and nutritious meals—including unique specials served daily.

And while our food is delicious, what sets us apart is our commitment to service excellence and helping every resident feel at home. Our culinary team will get to know you by name and take the time to understand your likes and dislikes, as well as special dietary restrictions and preferences. For special occasions, residents are invited to reserve our private dining room for hosting guests at an event catered by our culinary team.

At Faubourg, you can sit where you like and dine with confidence knowing our team delivers choice, selection, flavour and service with pride.

Appetizers

Parkland Seafood Chowder

Digby scallops, grilled shrimp, Nova Scotia haddock simmered in a savory potato cream sauce

French Onion Soup

Caramelized onions, savory red wine beef broth topped with a cheese crouton

Smoked Salmon Crostini

Cold smoked salmon, dill cream cheese, sliced red onion and capers

Mains

Marinated Grilled Striploin

Grilled striploin marinated in fresh rosemary and grainy mustard

Pan-Fried Sole

Hand breaded in seasoned flour and pan-fried

Chicken breast with Balsamic Mushrooms

Roasted chicken breast topped with balsamic mushrooms

Desserts

Black Forest Cake

Moist chocolate cake topped with stewed cherries and whip cream

Lemon Meringue Pie

Lemon curd topped with homemade meringue

Carrot Cake

Carrot cake topped with cream cheese icing



Your Health and Wellness

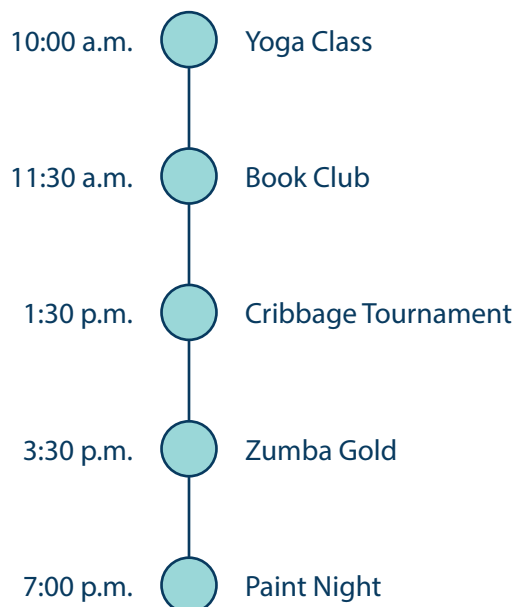
At Faubourg du Mascaret, wellness plays an important part in resident quality of life. Our signature Harmony Wellness Program supports six dimensions of wellness: emotional, intellectual, physical, social, spiritual and vocational.

Every new resident is invited to meet with Faubourg's Wellness Coach who creates a monthly calendar of on-and-off campus activities that reflect the community, season, special occasions and resident interests. Events are led by team members, external partners and residents who bring a wealth of talent as experienced artists, golfers, musicians and writers.

At Faubourg, you'll have the time to do more of what you love. Here are two sample calendars featuring our valued residents.



Debbie is a health enthusiast and is learning to paint



Harold spends a great amount of his time outdoors or catching up with friends.



The Faubourg Promise

The Faubourg du Mascaret Promise provides peace of mind knowing every detail has been considered to ensure your continued satisfaction and quality of life. This is your home, and our team is proud to work where you live. Our lifestyle options, amenities, programs and services combine to make Faubourg a place where you can live your best life.



Residents First

Resident feedback constantly guides and inspires our team. From the design of our communities to the menus, services and programs, Faubourg's team works to ensure our offerings reflect resident preferences. Team members are committed to being compassionate, honest, professional and safe while delivering exceptional service at every turn. Learn more about our Philosophy of Service at retraitefaubourg.com/Philosophy



Money Back Guarantee*

Resident wellbeing, happiness and quality of life is at the centre of all we do. From your first visit to the day you sign a lease, our team works to understand your lifestyle, needs and preferences. We are so confident in our process to help you get settled, familiar and connected with life at Faubourg that we offer a 30-day Money Back Guarantee. Residents who are less than satisfied will receive one month's suite rental in full.



One Monthly Bill

To help you spend more time doing what you love and less time managing multiple utility providers, Faubourg offers a single monthly bill outlining your selected lifestyle option costs (heat, hot water, electricity, local phone, basic cable and common area Wi-Fi are included), plus a detailed account of any additional services you purchase.



No Long-Term Contracts

Our team understands the challenges of long-term contracts, especially year-long leases for seniors who may be faced with an unexpected need to relocate. At Faubourg, your peace of mind is our first priority, which is why we only require 30 days' notice when you choose to leave our community.



Priority Access

At Faubourg, our Continuum of Service is designed so you can access increasing levels of support as your needs change over time. When you or a loved one needs to access a lifestyle option with more services or care, you can rest easy knowing Faubourg residents have priority access—regardless of the size of the wait list from the external community.



View the Faubourg Promise
at [retraitefaubourg.com/
promise](https://retraitefaubourg.com/promise)

**A resident must stay at Faubourg for at least 90 days in order to qualify for the Money-Back Guarantee (does not apply to Short Term Stay). While monthly rents are HST exempt, HST charges may apply to select a-la-carte services. For full details and exceptions, please visit retraitefaubourg.com/promise or contact your Lifestyle Consultant.*

Notes
